

Lab #1 Journal Brainstorming- Tongfei/Henry

- Clothing worn
 - Color
 - Consistency
- Runs
 - Number and distance and speed
 - Record with Strava
- Dates
 - Number
 - Type
- Text messages
 - Distance of recipients
 - Demographics
 - Amount of messages
- workouts
 - muscle group / consistency
 - Building up to a one rep max
- Human interactions
 - New people
 - Types of interactions
 - Purpose
 - Cold approaches
- Music listening
 - E.g. spotify API of all these music listening properties
- New experiences
 - Type
- Meals eaten
 - What type of food
 - Cooked or outside
 - Places eaten

